

Real PE- Log in on: <https://app.realpe.co.uk/> if you struggle to login please speak to the PE Lead for support.

CCC- all information available on staff shared and in the black PE folder in the staff room

Competition- for more information see the staff notice board

Other Progression maps are available on the staff drive and also in the staff room in the black PE folder

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Unit 1 Personal	Unit 2 Social	Unit 3 Cognitive	Unit 4 Creative Fundamental skills Unit 1	Unit 5 Physical Forest school May Day practice	Unit 6 Health and Fitness Sports day practice and fundamental Unit 2
Year 1	Unit 1 Personal Dance - Moving words	Unit 2 Social Gymnastics- Rock & Roll	Unit 3 Cognitive Gymnastics- Jumping Jacks	Unit 4 Creative Fundamentals Unit 1	Unit 5 Physical Dance – Weather May Day practice Multi skills	Unit 6 Health and Fitness Fundamental Unit 2
Year 2	Unit 1 Personal Dance – Magical Friends	Unit 2 Social Gymnastics – Ball, Tall and Wall points of contact	Unit 3 Cognitive Gymnastics – Points of contact	Unit 4 Creative Fundamentals Unit 1	Unit 5 Physical Dance – Great Fire of London May Day practice Multi skills	Unit 6 Health and Fitness Fundamental Unit 2
Year 3	Unit 1 Personal Dance: Solar System Swimming	Gymnastics – patterns and pathways Swimming Cross country Gym and dance festival	Unit 3 Cognitive Invasion Games – Ball handling skills	Unit 4 Creative Striking and Fielding games – links to cricket	Unit 5 Physical Dance- Machines May Day practice Orienteering	Unit 6 Health and Fitness Athletics – triathlon Athletics

Year 4	Unit 1 Personal Invasion Games: Ball on the ground	Unit 2 Social Dance – Rugby & the Haka Cross country Sports hall athletics	Gymnastics: Principles of Balance Swimming	Swimming Net games	Unit 5 Physical Dance- Cold Spaces May Day practice Orienteering	Unit 6 Health and Fitness Athletics – Pentathlon Athletics
Year 5	Unit 1 Personal Netball	Unit 2 Social Invasion Games Football Cross country	Unit 3 Cognitive Gymnastics Pair Composition Table tennis festival	Unit 4 Creative Dance on the beach Table tennis Football	Dance- Dance styles May Day practice Swimming Rounders	Athletics Hepathlon Swimming Athletics
Year 6	Unit 1 Personal Netball Basketball	Unit 2 Social Invasion games- hockey Cross country	Unit 3 Cognitive Invasion games- Tag rugby	Unit 5 Physical Gymnastics- Body symmetry Football	Unit 4 Creative Dance- The Match May Day practice Rounders	Unit 6 Health and Fitness Athletics- Decathlon Athletics